



Savories

Bagel (VE) ~ Blueberry, Plain or Sesame	2.50
GF Bagel (GF, DF, soy free, nut free) ~ Plain* or Sesame*	3.25
ADD: Cream Cheese	25
Chicken Pesto Sandwich (GF)	
~ Multigrain Bread (GF-choice of white or wheat).....	6.50
Frittata (Crustless Quiche) – (GF & VE)	
~ Cheese, Bacon, Swiss.....	5.50
~ Tomato, Spinach & Cheddar.....	5.50
Greek Feta & Spinach Pie, Crustless (GF, VE)	5.50
Muffins (VE) ~ Blueberry, Lemon Raspberry	4.25
(GF and DF) ~ Blueberry, Cinnamon Chip or Lemon Poppy	5.75
Scones (VE) ~ Plain, Lemon Poppy, White Chocolate Raspberry	3.50
Gluten-free (GF, DF, VE) ~ Blueberry or Lemon	6.50
Add Clotted Cream, Lemon Curd, or Organic Strawberry Preserves	50

Panini Sandwiches

Irish Cheddar and Apple on Potato Bread (VE)	6.50
Maple Turkey and Cheddar on Croissant	6.50

*Both paninis are available Gluten-free

Soup

Cheesy Corn Chowder ~ (GF & VE)

8 oz. cup.....	6.50
Add bacon.....	50

Sweets

Bars – Raspberry Crumb (VE)	5.50
Bread (served by the slice - VE) ~ Lemon Blueberry Crumb	2.75
Brownie – Chocolate (VE)	3.25
Cake – Caramel Apple w/ Salted Caramel Glaze (VE)	4.50
Cookies (both VE)	2.25
<i>Chewey Spicy Oatmeal, Fully Loaded Coconut/Walnut Double Chocolate Chip, Lemon Meltaways</i>	
Cookies (GF) M&M	2.50
Donuts (GF, DF, VE) ~ Apple Cider	3.25
French Macaron (GF, VE)	2.95

- | | |
|----------------------|------------------|
| • Caramel Sea Salt | • Pink champagne |
| • Cranberry | • Pistachio |
| • Ginger Lemon Honey | • Pumpkin Spice |
| • London Fog | • Raspberry |
| • Matcha | • Spiced Apple |
| • Orange | • Vanilla Bean |
| • Passionfruit | |
| • Peppermint | |

Sweets (cont'd)

Lavender Shortbread (VE)	2.75
Whoopie Pie (GF, DF, VE) ~ Chocolate	5.25

Beverages

Hot Tea (GF, DF, VG, VE)

Small.....	2.65
Medium	2.90
Large	3.15

Hot Coffee (GF, DF, VG, VE)

Small.....	2.65
Medium	2.90
Large	3.15

Hot Chocolate 2.90

Kashmir Spice (GF, VE) ~ with cinnamon, cardamom & ginger

Nor'Easter (GF, VE) ~ with vanilla & malt

Hot Cocoa for children (VE) ~ with or without marshmallows 1.30

Iced Tea (GF, DF, VG, VE)

Small	3.15
Large	3.65

Organic Milk 1.25

Milk, Organic Oat (GF, DF, VG, VE) 1.25

Sparkling Water (GF, DF, VG, VE) ~ raspberry lime..... 1.25

Tea Latte (GF, VE) ~ Iced

Small - 16 oz	3.70
Large - 24 oz.....	3.90

Tea Latte (GF, VE) ~ Hot

Small	3.50
Medium	3.70
Large.....	3.90

Water (bottled) 1.00

GF (Gluten-Free)

DF (Dairy-Free)

VE (Vegetarian)

VG (Vegan)

★ Menu subject to change ★
