



Savories

Bagel (VE) ~ Blueberry or Sesame	1.75
GF Bagel (GF, DF, soy free, nut free) ~ Plain* or Sesame*	2.75
<i>Add Cream Cheese</i>	25
Chicken Pesto Sandwich (GF)	
<i>Choice of Spinach & Feta Bread (GF) or Multigrain bread</i>	5.25
Greek Feta & Spinach Pie, Crustless (GF)	5.50
Muffins (VE) ~ Blueberry, Lemon Poppy, or Pumpkin	3.50
(GF and DF) ~ Blueberry, Cinnamon Crumb Cake, Lemon Poppy, Pumpkin	5.50
Quiche (VE) ~ Spinach & Artichoke or Broccoli & Cheddar	4.90
Scones (VE) ~ Plain, Lemon Poppy, White Chocolate Raspberry	3.25
Gluten-free (GF, DF, VE) ~ Blueberry, Lemon, or Pumpkin	6.50
<i>Add Clotted Cream, Lemon Curd, or Organic Strawberry Preserves</i>	50

Panini Sandwiches

Maple Turkey and Cheddar on Croissant	6.50
Spinach, Tomato, Basil, Feta, Red Onion on Sourdough	6.50

Soup

Cheesy Corn Chowder	8.25
<i>Add Bacon</i>50

Sweets

Bars – Apple Strudel w/ Salted Caramel Drizzle	5.50
- (GF) Apple Strudel w/ Salted Caramel Drizzle	5.50
Breads (served by the slice) ~ <i>Blueberry Lemon(VE), Cinnamon Coffee Cake</i>	2.75
Brownie (VE)	2.20
Brownie (GF, DF, VE)	5.50
Chocolate ~ Decadent Matcha-infused Dark Chocolate	1.95
Cinnamon Bun - (GF, VE & DF)	4.75
Cookies (all VE)	1.55
<i>Fully Loaded Coconut, Walnut Double Chocolate Chip, or Pumpkin Snickerdoodle</i>	
Donuts (GF, DF, VE) ~ Apple Cider or Fudge	2.75
French Macaron (GF, VE)	2.80
<i>Blueberry, Caramel Sea Salt, Chai, Ginger Lemon Honey, Lavender, Lemon, Matcha, Orange, Passion Fruit, Pineapple Coconut, Pistachio, Pumpkin Spice, Spiced Apple, Strawberry, Vanilla Brown Sugar, Vanilla</i>	
Lavender Shortbread (VE)	1.80
Whoopie Pie (GF, DF, VE) ~ Chocolate or Pumpkin	5.25

Beverages

Hot Tea and Hot Apple Cider (GF, DF, VG)

Small.....	2.65
Medium	2.90
Large	3.15

Hot Coffee (GF, DF, VG)

Small.....	2.65
Medium	2.90
Large	3.15

Hot Chocolate 2.90

Kashmir Spice (GF, VE) ~ with cinnamon, cardamom & ginger

Nor'Easter (GF, VE) ~ with vanilla & malt

Parisien (GF, VE) ~ with rich dark chocolate flakes

Hot Cocoa for children (VE) ~ with or without marshmallows 1.30

Iced Tea

Small	3.15
Large	3.65

Juice Box

<i>Apple</i>	50
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Lemonade – Organic / (GF, VE, DF, VE)

Small	2.65
Large	3.00

Organic Milk 1.25

Milk, Almond (GF, DF, VG) 1.25

Matcha Smoothie (16oz) matcha, almond milk & ice.....3.75

Sparkling Water ~ lemon-lime, strawberry watermelon..... 1.25

Tea Latte (GF, VE) ~ Iced

Small - 16 oz	3.70
Large – 24 oz.....	3.90

Water (bottled) 1.00

GF (Gluten-Free)

DF (Dairy-Free)

VE (Vegetarian)

VG (Vegan)

★ Menu subject to change ★
