



Savories

Beef Stew	8 oz - 6.25 / 12 oz - 8.75
Biscuits ~ Cheddar & Basil or Plain w/butter	3.75
Breakfast Bagel (Blueberry or Sesame)	1.75
GF Plain* or Sesame* Bagel	2.25
ADD: Cream cheese20
ADD: Bacon, Egg, Sausage and/or Cheese	4.50
Chicken Pot Pie	9.60
Chicken Pesto* on organic spinach served with cheddar bites	5.25
Croissant ~ Ham & Cheese	4.50
Greek Feta & Spinach Pie (also available crustless and GF)	4.65
Muffins ~ Banana Nut	3.10
GF Blueberry* or Lemon Poppy*	4.50
Quiche	5.25
Spinach, Artichoke & Cheese OR Bacon and Cheese	
GF Crustless Vegetarian*	4.50
Scones Plain, Lemon Poppy, White Chocolate Raspberry, or Cinnamon Spice	2.75
Gluten-Free -Lemon*, Blueberry*.....	4.50
Add Clotted Cream and Lemon Curd, Organic Strawberry preserves, or one of our Tea-infused jellies: TCTC Spice or Creamy Bountiful Berries	0.50

Salads

Harvest Salad ~ Organic spinach, red and green grapes, apple wedges, walnuts, dried cranberries and feta cheese	5.60
Tropical Salad ~ Organic spinach, toasted coconut, mango, blueberries, pineapple, strawberries, and feta cheese	5.60
Choice of Organic Raspberry, Organic Shitake Sesame or Organic Balsamic Vinaigrette Served with Grilled Chicken	2.50

Panini Sandwiches

Irish Cheddar and Apple on Potato Bread.....	6.20
Maple Turkey and Cheddar on Croissant.....	6.20
Mushroom and Swiss on Multigrain Bread.....	6.20
Tomato Mozzarella and Pesto on Multigrain Bread.....	6.20
1/2 Sandwich and 8oz soup	7.50
All paninis available on gluten-free bread*	

Soups/Chili/Pasta

Butternut Squash* ~ add spiced sour cream - .20	
Chicken Noodle ~ chicken, celery, carrots	
Corn Chowder	
Tomato Basil Bisque*	
Macaroni and Cheese served with home-made bread crumbs	
Vegie Chili*	
8 oz. cup / 12 oz.	5.50 / 7.25
Soups or Chili served in French Bread Bowl	2.50
Oyster Crackers (upon request)	
Add a slice of home-made bread	1.50
Oatmeal*, Harvest*, Spinach & Feta*, Molasses*, Tuscan Honey Sunflower, Whole Wheat, Tuscan White	



Creamed Tea Service for One:

A pot of tea for one and one fresh baked scone or toast (additional \$1.90 per gluten-free scone).....5.75

Creamed Tea Service for Two:

A pot of tea for two and two fresh baked scones or toast (additional \$1.90 per gluten-free scone) ...11.25

Sweets:

Apple Cider Donut*	2.25
Bars - Luscious Lemon	3.25
Seven Layer	3.25
Blueberry Crumb Cake	3.50
Breads (served by the slice) ~ <i>Banana Nut</i>	2.75
Brownie	2.20
<i>With one scoop ice cream</i>	4.05
Brownie - Gluten-free	5.50
Cakes/Tarts	
<i>Carrot Cake with Cream Cheese Frosting</i>	6.50
<i>Chocolate Madness Cake</i>	5.75
<i>Lemoncello Cake</i>	5.75
<i>Strawberry Cheesecake</i>	5.50
<i>Bountiful Blueberry Pie</i>	6.00
Cinnamon Bun*	4.50
Cookies	2/1.55
<i>Chocolate Chip, Oatmeal Raisin, White Chocolate Raspberry</i>	
Gluten Free	1.85
<i>Oatmeal Raisin*</i>	
Croissants* (Cinnamon)	6.85
Cupcakes	3.00
<i>Dark Chocolate with Chocolate Butter Cream</i>	
<i>French Vanilla w/ French Vanilla Butter Cream</i>	
<i>Raspberry Vanilla w/ Strawberry Butter Cream</i>	
Gluten-Free	3.55
<i>Vanilla*</i>	
French Macaron	2.75
<i>Caramel Sea Salt, Chocolate Orange, French Lavender, Grapefruit-Cardamom, Lemon, Lemon-Ginger, Matcha, Pistachio, Pumpkin Spice, Spiced Apple, Strawberry Rose, Vanilla Hazelnut, Coconut Pineapple</i>	
Lavender Shortbread	1.80
Petit Fours	1.95
Turnover - Lemon Blueberry	4.25
Whoopie Pie* - <i>Chocolate</i>	3.95

Menu subject to change - All items with * are **Gluten-free**



Beverages:

Hot Tea	
Small.....	2.65
Medium.....	2.90
Large.....	3.15
Pot of Tea (<i>china service</i>).....	5.75
Hot Coffee OR	
Hot Apple Cider - seasonal	
Small.....	2.65
Medium.....	2.90
Large.....	3.15
Hot Chocolate – Azteca (with vanilla, cinnamon & chipotle pepper), Kashmir Spice (with cinnamon, cardamom & ginger), Nor'Easter (with vanilla and malt), Parisien (with rich dark chocolate flakes).....	
	2.90
Hot Cocoa for children (<i>with or without marshmallows</i>).....	
	1.30
Ice Cream Smoothie (<i>seasonal</i>).....	
	4.25
Iced Tea or Iced Coffee	
Small.....	3.15
Large.....	3.65
Juice Box	
Apple.....	50
Lemonade – Organic	
	2.65/ 3.00
Lemonade & Lavender – Organic	
	3.15/3.65
Lemonade – Blackberry & Sage (summer).....	
	3.15/3.65
Matcha Smoothie (summer – small size only).....	
	3.40
Matcha Smoothie with 2 scoops ice cream (summer – small size only).....	
	5.90
Milk (<i>regular or chocolate</i>).....	
	1.25
Sparkling Soda – Lemon Lime, Orange, Peach/Mango.....	
	1.25
Tea Latte (winter)	
Small.....	3.50
Medium.....	3.70
Large.....	3.90
Water (<i>bottled</i>).....	
	1.00

Jakes Ice Cream:

Flavors

Caramel Assault	Granite State (chocolate chip)	Vanilla Bean
Darkside (triple chocolate)	Sweet Cream with Raspberry	

One Scoop.....	1.85
Two Scoops.....	2.85
Three Scoops.....	3.90
Add Sprinkles or Nuts.....	.25