



Savories

Beef Stew Provencal*	8 oz 5.50 / 12 oz 8.00
Biscuits ~ Cheddar & Basil or Plain, w/butter	3.75
Breakfast Pockets	3.75
<i>Bacon, Egg and Cheese or Egg Whites, Spinach and Cheese</i>	
Chicken Pot Pie (also available to go frozen).....	9.60
Chicken Pot Pie* (also available to go frozen)	11.60
Chicken Pesto* with Cheddar Pennies on organic spinach	5.25
Croissant ~ Ham & Cheese.....	4.50
Greek Spinach & Feta Pie	4.65
Crustless Greek Feta & Spinach Pie*	4.00
Lasagna ~ Veggie	6.00
Muffins ~ Seasonal Flavor.....	3.10
~ Gluten-free Seasonal*	4.25
Quiche	4.50
<i>Bacon & Cheese (original or gluten-free), or Vegetable (tomato, broccoli, mushrooms)</i>	
<i>Crustless Vegetarian Quiche* (broccoli, mushrooms and tomato)</i>	
Scones ~ Lemon Poppy, Plain, White Chocolate Raspberry or Seasonal Flavor	2.60
Gluten-Free Scones – Lemon Thyme,* Raspberry,* Seasonal	4.50
Add Clotted Cream, Lemon Curd, Strawberry Preserves or Orange Marmalade50
Tourtiere ~ Canadian Meat Pie w/ Grey Poupon mustard.....	5.00

Salads

Harvest Salad ~ organic spinach, grapes, apple wedges, walnuts, dried cranberries and feta cheese	5.60
Pomegranate Salad ~ organic spinach, hard boiled egg, bacon, pistachios, cashews, pomegranate, feta	5.60
Dressings: Organic Raspberry Vinaigrette, Organic Shitake Sesame or Organic Asian Sesame	
Served with Grilled Chicken	add 2.50
Served in Edible Parmesan Cheese Bowl	add 1.50

Panini Sandwiches

Irish Cheddar & Apple on Potato Bread (available GF).....	6.20
Maple Turkey and Cheddar on Croissant (not available GF)	6.20
Wild Mushroom with Swiss on Multigrain Bread	6.20
1/2 Sandwich and 8 oz soup	7.50

Soups/Chili/Pasta

Butternut Squash* ~ add pumpkin spiced sour cream: .20	
Chicken with Rice Noodles* ~ chicken, celery, carrots	
Chili Con Carne*	
Corn Chowder	
Macaroni and Cheese ~ served with home-made bread crumbs	
Tomato Basil Bisque*	
Soups/Chili/Pasta	8 oz or 12 oz: 4.40/5.95
Soups or Chili served in French Bread Bowl	add 2.25
Oyster Crackers	0.25
Add a slice of home-made bread with butter	1.50
<i>Caramelized Onion & Cheese, or Honey Wheat</i>	
<i>7-Grain,* Harvest,* Molasses,* Mountain White,* Oatmeal,* Spinach & Feta*</i>	



Creamed Tea Service for One:

A pot of tea for one and one fresh baked scone or toast (additional \$1.90 per gluten-free scone).....5.45

Creamed Tea Service for Two:

A pot of tea for two and two fresh baked scone or toast (additional \$1.90 per gluten-free scone).....9.45

Sweets:

Apple Cider Donut*	1.75
Bars ~ Sweet, Seasonal	2.30
Blueberry Buckle	3.50
Breads (served by the slice) ~ Seasonal Flavor	2.75
Brownie	2.20
<i>With one scoop ice cream</i>	4.05
Brownie Cake Bites* (gluten-free and vegan).....	2.75
Cakes/Tarts	
<i>Carrot Cake with Cream Cheese Frosting (original)</i>	4.20
<i>Carrot Cake* with Cream Cheese Frosting (Gluten free)</i>	5.75
<i>Seasonal Cheesecake*</i>	4.50
<i>Seasonal Chocolate Cake</i>	4.50
Cookies	2 / 1.55
<i>Caramel Apple, Chocolate Chip, Cranberry Nut Pinwheel, German Chocolate Caramel, Glazed Almond Orange, Lemon Linzer w/ Ginger Preserve, Molasses, Peanut Butter Blossom, Peppermint Pattie, Snickerdoodle, Sugar and Spice Swirl, White Chocolate Raspberry</i>	
Gluten Free Cookies	1.85
<i>Anise w/sprinkles,* Chocolate Chip,* Lemon Drop,* M&M,* Oatmeal Raisin*</i>	
Croissants* ~ Chocolate and Cinnamon	6.85
Cupcakes	3.00
<i>Dark Chocolate with Chocolate Buttercream</i>	
<i>French Vanilla w/ French Vanilla Buttercream</i>	
<i>Seasonal Flavor</i>	
Gluten Free Cupcakes	3.55
<i>Coconut Chocolate Chip,* Strawberry Lemonade*</i>	
French Macaron	2.75
<i>Caramel Sea Salt, Chocolate Orange, Chocolate Raspberry, Lemon/Ginger, Pistachio, Pumpkin Spice, Spiced Apple, Vanilla Hazelnut</i>	
Lavender Shortbread	1.80
Nussecken (Swiss Treat!)	2.20
Petit Fours ~ various flavors & designs	1.95
Turnover ~ Seasonal Flavor	3.00
Whoopie Pie* ~ Chocolate	3.50

~ Menu subject to change ~

~ All items with * are Gluten-free ~

~ SEASONAL ITEMS can be found on table tent on the center of each table ~



Beverages:

Hot Tea

Small.....	2.65
Medium	2.90
Large	3.15
Pot of Tea (<i>china service</i>)	5.75

Hot Coffee or (Hot Apple Cider-seasonal)

Small.....	2.65
Medium	2.90
Large	3.15

Hot Chocolate ~ Azteca (*with vanilla, cinnamon & chipotle pepper*), Kashmir Spice (*with cinnamon, cardamom & ginger*), Nor'Easter (*with vanilla & malt*), Parisian (*with rich dark chocolate flakes*)2.90

Hot Cocoa for children (*with or without marshmallows*).....1.30

Ice Cream Smoothie (*seasonal*).....4.25

Iced Tea or Iced Coffee

Small.....	3.15
Large	3.65

Juice Box

Apple, Fruit Punch, Very Berry50

Lemonade ~ *Organic*2.65/3.00

Lemonade & Lavender ~ *Organic*3.15/3.65

Lemonade ~ **Blackberry & Sage** (summer)3.15/3.65

Matcha Smoothie (summer – small size only)3.40

Matcha Smoothie with 2 scoops ice cream (summer – small size only).....5.90

Milk (*regular or chocolate*).....1.25

Sparkling Soda ~ Cranberry Lime, Raspberry Lime1.25

Tea Latte (winter)

Small.....	3.50
Medium	3.70
Large	3.90

Water (*bottled*).....1.00

Jakes Ice Cream:

Flavors

Caramel Assault

Dark Side

Granite State

Pumpkin

Vanilla Bean

One Scoop1.85

Two Scoops.....2.85

Three Scoops.....3.90

Add Jimmies or Nuts25